

Resources

Emergency Resources

- Helpline of Ventura County: 211
- Interface: Children Family Services: 1-800-339-9597
- (Food, shelter, financial assistance, health, parenting and mental health services)
- Behavioral Health: 1-800-227-2345
- California Youth Crisis Line: 1-800-843-5200
- Coalition to End Family Violence: 656-1111
- Drug Help Line: 1-800-662-HELP
- Child Protective Services (report abuse): 654-3200
- National Runaway Switchboard: 1-800-621-4000
- Poison Control in California: 1-800-876-4766

Community Counseling Resources

- Aurora Vista del Mar Behavioral Health Care: 1-800-207-9694 or 653-5158
 - City Impact: 983-3636
 - Interface: Children Family Services: 1-800-339-9597
- NAMI: National Alliance on Mental Illness: 641-2426
- Ventura County Behavioral Health: 981-6830

Clothing, Food, Shelter

- American Red Cross: 339-2234
- Catholic Charities: 643-4694
- Food Share – Food Bank: 983-7100
- Interface – Ventura County: 211 or 1-800-339-9597
- Open Hand Food and Clothing Pantry: 658-7223
- Project Understanding: 652-1326
- Ventura Housing Authority: 648-5008

Local Alcohol/Drug Intervention List

- Alateen Meetings: 656-7110
- Alanon: 656-7110 www.alanonventura.org/meeting.htm (for those whose lives have been affected by a friend's or family member's drinking)
- Parent Project: 983-3636 ext. 103 (parenting strategies, free 10-week classes)

Helpful Links about Underage Drinking:

www.straightupvc.org/ –

- www.kidshealth.org/
- www.cdc.gov/alcohol/
- www.alcoholism.about.com
- www.thecoolspot.gov/
- www.madd.org/
- www.surgeongeneral.gov/
- www.youthbingeddrinking.org/
- www.toosmarttostart.samhsa.gov/ – preventing underage alcohol use. Spanish/English (Interactive)
- www.faceproject.org – alcohol information for parents